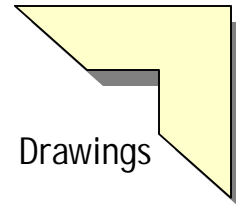
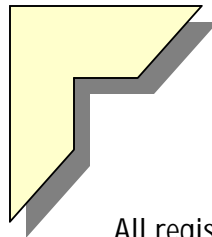


Waver and Release

In consideration of your acceptance of my entry, I, intending to be legally bound for myself, my heirs, executors, and administrators, do hereby release and discharge Lebanon Cross Country and Lebanon Strawberry Festival Association, the City of Lebanon, the State of Oregon and all other sponsors, agents, contributors, employees or contractors, or volunteers from any and all liability arising from illness, injuries or damages I may suffer as a result of my participation in this event. I agree to abide by any decision of a race official relative to my ability to safely complete the run.

I attest and verify that I have full knowledge of the risks involved in this event including but not limited to: falls, contact with other participants, the effect of the weather including high heat, humidity, or cold, traffic, and the conditions of the road, that I assume those risks, that I will pay my own medical and emergency expenses in the event of an accident, illness or other incapacity, regardless of whether I have authorized such expense, and that I am physically fit and sufficiently trained to participate in this event. I understand and agree that any sponsor may subsequently use for publicity and/or promotional purposes my name and/or photographs without obligation to me. I also understand that the entry fee is nonrefundable and that I have read the entry information provided and certify my compliance by my signature. Parent or Guardian signature must sign if the athlete is under the age of 18.

Applicant's signature and date. This must be signed in order to participate in this event.



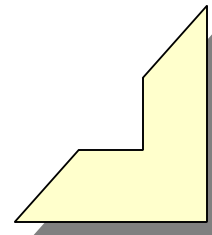
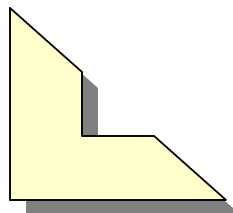
Drawings

All registered entrants are eligible for door prizes to be given away at the end of the 5K race. You must be present to win. Please stay after awards to enjoy the festival and shop at our local merchants!

Costume Contest

Participants may dress up according to the theme of this year's festival. The theme this year is "Stone Age Strawberries". There will be prizes for the best costumes crossing the finish line.

Thank you for making this year's Strawberry Run a success!



Bings, Entek,
and Oregon
Freeze Dry
Present.....



Lebanon's Strawberry Festival
**Strawberry
Run/Walk**
June 5th, 2010



1 Mile Fitness Run/Walk
5 Kilometer Run

The Event

The Strawberry Run is one of the many family events during Lebanon's 100 annual Strawberry Festival with runs June 4th-7th. The run precedes the Grand Parade and opens a day highlighted by the serving the "World's Largest Strawberry Shortcake" free to over 15,000 people. A portion of the entry will go towards Lebanon Cross Country Team.

Event Date and Times

Saturday, June 5th, 2010

1 Mile Fitness Walk— 10:00 AM

5K Run— 10:30 AM

The Course

This is a 5 Kilometer (3.1) mile course. Both the run and walk start and finish near the American Legion hall at Main & Vine Streets in downtown Lebanon. The 5K course is nationally certified. Both events are flat out and back course that follow the Grand Parade Route on Highway 20 through town, just prior to the 11:00am parade. Arrive early to assure adequate time as traffic congestion may limit access.

Entry Fees

5K Run—\$10.00 on or before June 1st, 2010
—\$15.00 on race day

1 Mile Fun Run—\$5.00 on or before June 1st
—\$7.00 on race day

Short-Sleeved T-shirts

\$10.00— Early registration with your t-shirt order is encouraged as quantities are limited. This year's t-shirt will have the "Stone-aged Strawberries " design on the front and the Strawberry Run design on the back boasting your participation! Pick up your packet and t-shirt on the day of the race.

Registration

To Register Online: Go to www.time2race.com and find the **Lebanon Strawberry Run**. There is a small fee for online registration.

To Register by Mail: Send registration form and money to:

Strawberry Run
PO Box 273
Lebanon Oregon, 97355

Register in Person: You may enter the Strawberry Run in person at the Lebanon Chamber of Commerce, 1040 Park Street in Lebanon, Oregon. You may also register in person the day of the race from 8:00am-9:00am at the American Legion Parking Lot, located at the intersection of Main and Vine streets. (late registration fees apply)

Age Groups and Awards: The first three men and women in each age group will receive an award. Age groups are:

under 14	36-44
14-17	45-55
18-25	56-65
26-35	66 and up

All children in both events will get a participation ribbon. The top finishers in the walk will also be recognized!

Official Entry Form

5K Run

1 Mile Walk/Run

_____ \$10.00

_____ \$5.00

(Add \$5 if for the 5K and \$2 for the 1 mile if registering after June 1st, 2010 or registering on race day.

_____ \$10.00 T-shirt (please check size)
____ Youth M ____ Youth Lg ____ Small
____ Medium ____ Lg. ____ XL ____ XXL

First Name _____

Last Name _____

Address _____

Email _____

City _____

State _____ Zip Code _____

D.O.B. _____

Age _____ Gender _____

Waiver/ Release must be signed in order to participate. Parents or Guardians must sign the waiver if participant is under 18. Please see the back of this form.

Mail To:
Strawberry Run
PO Box 273
Lebanon, Oregon 97355

For questions and more information, contact
Emily.latimer@lebanon.k12.or.us